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A local non-profit whose mission is to help north Berkshire residents of all ages access needed health

# ***Ecu-Health Care – Annual Appeal 2022***

## ***Meet the Staff:***

### **Our Dedicated Staff:**

Aubree Orr –  
Navigator/SHINE counselor

Beth Bator –  
Navigator

Karen Baumbach –  
Executive Director  
Navigator/SHINE counselor

Melissa Montoya –  
Outreach Specialist  
Navigator/SHINE counselor

Barbara Belisle –  
Receptionist/Support Staff

### **Our Board of Directors:**

Don LeBreux– President

Larry Taft – Vice President

Anthony Smeglin, MD – Treasurer

Susan Durocher - Clerk

Lara Shore-Shepard, Ph.D.

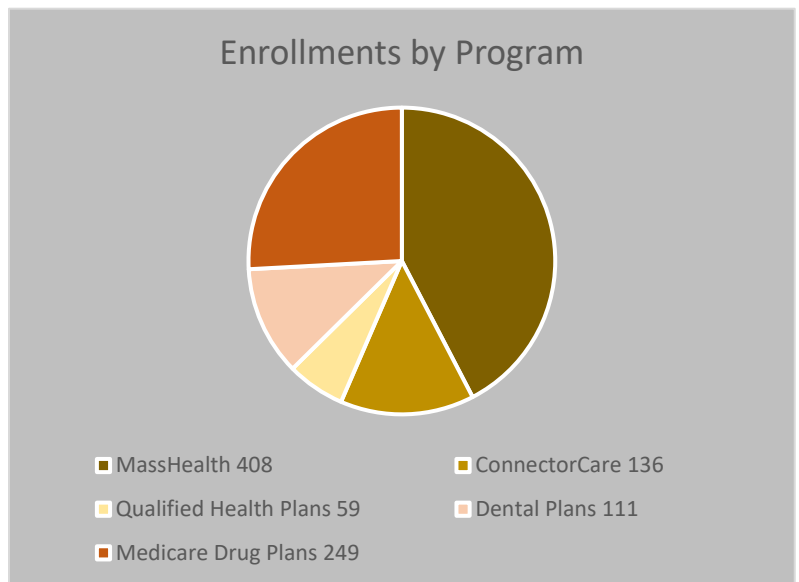
Nancy Apkin, Program Director – Brien Center

Charles Nemser, DDS

Laurie Lamarre, VP Revenue Cycle - BHS

Jennifer Bernard, LMHC

***In 2021, local donations made it possible for Ecu-Health Care to assist you, your family, friends and neighbors enroll in the following health coverage programs:***



## *Providing outreach to local area residents*

Berkshire Friendship Food Pantry  
Berkshire Food Project  
Mobile Food Truck – Brien Center  
Local Farmer's Market  
Covid Vaccine Clinics  
Local Housing complexes  
First Baptist Church Community Lunch program  
Berkshire Community Action – Community Partnership  
Northern Berkshire Community Coalition Forum  
North Adams National Night Out Celebration  
City of North Adams Downtown Celebration  
Backpacked for success – backpack distribution  
Voices for Recovery community event  
Downtown North Adams Trick or Treat  
Northern Berkshire Community Coalition – Bike Collective



## **Health Coverage Programs Available in Massachusetts**

### ***Qualified Health Plans***

*Comprehensive health insurance plans offered through the Massachusetts Health Connector. Individuals and families with income up to 400% of the federal poverty level may be eligible for financial subsidies from the federal government. (note: the 400% cap has been temporarily lifted under the American Rescue Plan)*

### ***ConnectorCare***

*Comprehensive health insurance for individuals with income up to 300% of the federal poverty level may be eligible for subsidies from the Commonwealth in addition to the federal government.*

### ***MassHealth and the Children's Medical Security Plan***

*Comprehensive health coverage programs available for income-eligible individuals and families.*

### ***MassHealth Premium Assistance***

*Some families who have employer sponsored insurance may be able to get help with the cost of their premiums from the Commonwealth.*

### ***Health Safety Net***

*Income-eligible residents of Massachusetts are eligible for free care at acute hospitals and community health centers in Massachusetts.*

## **Options for Seniors and Medicare Beneficiaries**

### ***SHINE Program***

*Offers free information, counseling and assistance to help Medicare beneficiaries understand benefits and all available insurance and financial assistance options.*

### ***Medicare Premium Assistance***

*The MassHealth Buy-In program will pay the Medicare Part B premium for eligible Medicare beneficiaries.*

### ***Medicare Part D Drug Plan***

*Prescription drug coverage available through Medicare. Several companies to choose from with varying costs. Financial help may be available (see LIS below).*

### ***LIS (Low Income Subsidy)***

*Individuals with limited income and assets may get help paying their monthly Part-D premium, deductible and co-payments.*

### ***Prescription Advantage***

*Provides prescription drug coverage to Massachusetts residents who fall into the Medicare Part-D coverage gap*

**OUR STAFF ARE BOTH CERTIFIED MASSACHUSETTS NAVIGATORS AND SHINE COUNSELORS AND CAN ASSIST WITH ALL YOUR HEALTH INSURANCE QUESTIONS RELATED TO RETIREMENT**